



# Rowlett Youth Soccer

P.O. Box 1995 • Rowlett, TX 75030-1995

## **Player/Coach – Sit Out Verification**

In accordance with NTSSA and RYSA rules, any person receiving a “Send Off” must sit out the next sanctioned match.

If a **Red Card** is for Foul and Abusive Language or Violent Conduct, the player must sit out the **NEXT 2 GAMES**.

The Referee must sign to verify the person did not participate!  
**THIS FORM MUST BE PRESENTED BEFORE THE GAME.**

**THIS FORM IS TO PROTECT THE PLAYER/COACH AND THE LEAGUE.**

**Please print and fill out completely!**

NAME \_\_\_\_\_ # \_\_\_\_\_

TEAM \_\_\_\_\_

AGE GROUP \_\_\_\_\_ BOYS \_\_\_\_\_ GIRLS \_\_\_\_\_

DATE OF GAME \_\_\_\_\_ OPPONENT \_\_\_\_\_

COACH/MANAGER \_\_\_\_\_ PHONE \_\_\_\_\_

**THE ABOVE NAMED PERSON DID NOT PARTICIPATE IN THE ABOVE DATED GAME**

REFEREE \_\_\_\_\_ DATE \_\_\_\_\_  
SIGNATURE

COACH/MANAGER \_\_\_\_\_ DATE \_\_\_\_\_  
SIGNATURE

This form must be completed and sent to **RYSA** if the person named is to receive credit for the “sit-out”. It must be received within 72 hours of the sit-out game. Failure to comply may result in a “Supervised sit-out” plus additional sanctions. **Keep a copy for your records.**